

# The Journey from “Welcome Home” to Now: Reunion, Reconnecting, Routine™



*The Journey from “Welcome Home” to Now: Reunion, Reconnecting, Routine™* is designed to teach youth-serving professionals who support military-connected children and youth the challenges and joys that children face during a time of reintegration following a family member’s return after an extended absence.



## Learning Outcomes:

- ▶ Define the importance of attachment, hope, engagement and well-being on the development of hardiness in children and youth.
- ▶ Differentiate structures that support children and youth during reintegration and those which strengthen or impede the ability to thrive.
- ▶ Integrate positive strategies which develop hardiness in children and youth during the reintegration phase into participant’s work setting.
- ▶ Identify the importance of service and “giving back” in the lives of children and youth as an impactful trait to develop.

## Course Format

*This course includes **6 clock hours** of face-to-face instruction (up to 50 people per session) and group work time, exclusive of breaks and lunch. This is a one-day course.*



## Participants receive the following resources during training:

- *The Journey from “Welcome Home to Now: Reunion, Reconnecting, Routine™* Participant Manual (MCEC Publication)
- *The Military Parents’ Guide to Education Legislation* (MCEC Publication)
- *Workgroup on Intervention with Combat Injured Families* Executive Summary from Center for the Study of Traumatic Stress
- *When the Warrior Returns: Making the Transition at Home* by Nathan D. Ainspan and Walter E. Penk
- *Sparrow* by Dorinda Williams

\*Resources subject to change

**Credit Options:** Course participants are eligible for Continuing Education opportunities for completing this twelve clock hour course. To receive Continuing Education Units a participant must maintain 95% attendance, engage in the class activities and discussions, complete an end of course evaluation, and complete an end-of-course assessment with a minimum score of 80%. The Continuing Education Unit fee is \$25.00.

## Military Child Education Coalition

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