



Webinar Recordings

- [1620B Building Resilience in These Uncertain Times with Dr. Ken Ginsburg](#)
- [4019 Developing Positive Coping Strategies](#)
- [0722 Managing Stress in Today's World](#)
- [3721 Fostering Resilience Through Mindfulness](#)
- [1721 Raising a Confident Child in an Uncertain World](#)
- [3318 Psychological Resilience with Dr. Greg Leskin](#)
- [0418 Facing Challenges Together: Raising Secure Children in an Uncertain World](#)
- [3419 Kids and Anxiety with Dr. Eric Flake](#)
- [0618 Supporting Military Children During Separation: Training, Deployment, Humanitarian Aid and Disaster Relief](#)

MCEC[®] Resources

- *SchoolQuest™* is an interactive tool, specially designed to support highly mobile military-connected parents & students: <https://schoolquest.militarychild.org>
- Global Support System for Students, Parents and School Professionals: The Military Student Consultant initiative provides regional one-on-one support for advocacy and problem-solving resources to assist military-connected students, parents and professionals who serve them. To contact a Military Student Consultant, email msc@militarychild.org or call (254) 953-1923 ext. 1146.
- Professional Development: Enhancing the current capabilities, competency and awareness of professionals who serve and support military-connected children and youth. Find current offerings and more details at <https://www.militarychild.org/audience/professionals>
- Student Achievement: Provides support to military-connected students through peer-to-peer mentoring programs, the Frances Hesselbein Student Leadership Program, student-focused webinars, and our Student Advisory Council. Find more details at <https://www.militarychild.org/audience/students>
- The MCEC[®] podcast series covers an array of informative and important topics with guests from all walks of life. Visit [Podbean](#) or [iTunes](#)
- Find other MCEC[®] Parent Support webinars related to this topic on our official website <https://www.militarychild.org/webinars>
- If you have any questions, please don't hesitate to reach out to msc@MilitaryChild.org

MCEC[®] Parent Support empowers military-connected parents with resources to be their child's first and best advocate. Learn more about ways to get involved and stay informed about upcoming webinars, workshops, and additional resources by emailing msc@MilitaryChild.org