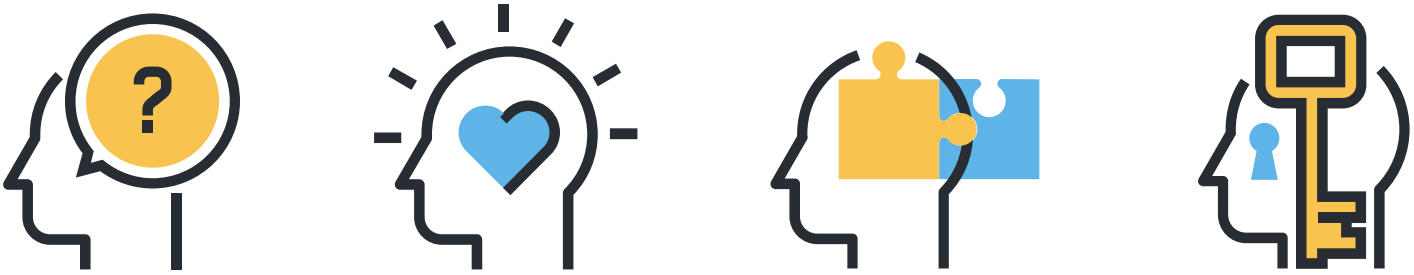
THE ARMY'S SCHOOL BEHA

A Partnership with 60 Schools...



The U.S. Army strives to ensure that the children and families of our military Service Members are provided with opportunities and resources to optimize their resiliency, health, and well-being. Many Army programs have been implemented over the years to achieve this goal, with one of the most innovative and successful being the U.S. Army Medical Command's (MEDCOM) School Behavioral Health (SBH) Program, a collaborative effort that leverages key partnerships to imbed highly accessible health prevention and promotion, as well as clinical services, into the place where youth "live and work" – their schools.

Historically, behavioral health services have been available to Army children and families through a network of direct care and community professionals and resources. In order to ensure high-quality behavioral health services throughout the Army's medical treatment facilities, in March 2014, MEDCOM mandated the dissemination and implementation of the Child and Family Behavioral Health System (CAFBHS), a comprehensive, standardized model of BH care. CAFBHS, which includes SBH, reduces the barriers to and the stigma of receiving behavioral health care. The model implements best practices and partnerships in the delivery of evidence-based BH care by consulting and collaborating with patients' Primary Care Managers in the Army's Medical Homes; the Department of Defense Education Activity and local educational school districts; institutions of higher education such as the Center for School Mental Health, University of Maryland; and non-profit national organizations such as the Military Child Education Coalition (MCEC). As the African proverb says, "It takes a village to raise a child," and as the MCEC motto reminds "…*for the sake of the child.*"

WHAT IS THE ARMY'S SCHOOL

- Through a memorandum of agreement or understanding between the Commander of the Army's medical treatment facility on an installation and the Superintendent of the schools located on the installation, the parties agree to implement the SBH program.
- The SBH program embeds Child and Adolescent Psychologists or Licensed Clinical Social Workers in on-post schools to provide comprehensive BH services from prevention to evidence-based treatment. Care is delivered in the school setting, an environment where a child or youth spends about a third of their day, improving access to care, reducing stigma, enhancing resiliency, maximizing time in school, and minimizing time away from work for parents.
- SBH services for children and youth include screening, early identification and intervention for the "at-risk" (e.g., bullied, neglected, etc.), evaluation, and treatment that are delivered at the school. Early intervention strategies include a variety of

VIORAL HEALTH PROGRAM: and Growing!

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BEHAVIORAL HEALTH MODEL?

programs focused on adjustment and other psycho-social issues, and coping with deployment and other military-related stressors. More intensive interventions for children and adolescents with problems that reach a clinical threshold include counseling, psycho-social interventions, parent education and medication management. Services may include individual, group and/or family treatments with recognition of the unique stressors of the military lifestyle guiding all clinical practices.

- The current target population for the SBH program is children of active duty members attending 60 schools (two pilot schools in Hawaii are off-post) at 14 Army installations on the continental U.S., in Hawaii and in Germany. The goal is to have the SBH program in the majority of the on-post schools at 17 installations Army-wide when the Academic Year 2017-2018 begins.

14 CURRENT SCHOOL BEHAVIORAL HEALTH SITES

Tripler Army Medical Center Schofield Barracks & Mokapu Marine Corps Air Station	Hawaii
Madigan Army Medical Center Joint Base Lewis-McChord	Washington
Evans Army Community Hospital Fort Carson	Colorado
Carl R. Darnall Army Medical Center Fort Hood	Texas
William Beaumont Army Medical Center Fort Bliss	Texas
Irwin Army Community Hospital Fort Riley	Kansas
Blanchfield Army Community Hospital Fort Campbell	Kentucky
Ireland Army Community Hospital Fort Knox	Kentucky
Womack Army Medical Center Fort Bragg	North Carolina
Kimbrough Ambulatory Care Center Fort Meade	Maryland
Winn Army Community Hospital Fort Stewart	Georgia
Martin Army Community Hospital Fort Benning	Georgia
Landstuhl Army Medical Center Kaiserslautern, Vogelweh	Germany
Bavaria MEDDAC Vilseck, Grafenwoehr, Natzaberg, Hohensfels, Ansbach	Germany