Military-connected parents and families have always been a source of strength, and Afghan families will need your support and strength to welcome them during a challenging time. We believe these curated resources can help you and our military-connected students recognize impacts on social-emotional well-being, motivate healthy conversations, and address questions and concerns together as you welcome new families to your local communities.

**WEBINARS**

<table>
<thead>
<tr>
<th>Topic: SLO</th>
<th>Title: School Liaison Officers: A Resource for Military Families</th>
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<tbody>
<tr>
<td><a href="https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2269380534/event_registration.html?connect-session=na5breezyurowgx7gvw4c3e&amp;SCO-ID=2253482113&amp;charset=utf-8">https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2269380534/event_registration.html?connect-session=na5breezyurowgx7gvw4c3e&amp;SCO-ID=2253482113&amp;charset=utf-8</a></td>
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<table>
<thead>
<tr>
<th>Topic: Emergencies</th>
<th>Title: Supporting Military Children During Separation: Training, Deployment, Humanitarian Aid &amp; Disaster Relief</th>
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<table>
<thead>
<tr>
<th>Topic: PTSD</th>
<th>Title: PTSD and Its Effects on Military-Connected Children</th>
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<tr>
<th>Topic: Resilience</th>
<th>Title: Psychological Resilience with Dr. Leskin</th>
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<tr>
<th>Topic: Mental Health</th>
<th>Title: Mental Health Challenges - Resources for Parents &amp; Teens</th>
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<tr>
<th>Topic: Mental Health</th>
<th>Title: Kids &amp; Anxiety with Dr. Flake</th>
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<tr>
<th>Topic: Transition</th>
<th>Title: Transitions: What Every Parent Needs to Know</th>
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### WEBINARS (cont.)

<table>
<thead>
<tr>
<th>Topic</th>
<th>Title</th>
<th>Recording</th>
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<tbody>
<tr>
<td>Families</td>
<td>Creating Strong Families Webinar Recording</td>
<td><a href="http://militarychild.adobeconnect.com/strongfamrec/event/registration.html">http://militarychild.adobeconnect.com/strongfamrec/event/registration.html</a></td>
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### WEBSITES

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<tr>
<th>Topic</th>
<th>Title</th>
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<tbody>
<tr>
<td>DoDEA SLO</td>
<td>DoDEA- School Liaison Officer</td>
<td><a href="https://www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm">https://www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm</a></td>
</tr>
<tr>
<td>Student Transition</td>
<td>Student Transition – Parent Resources</td>
<td><a href="https://www.militarychild.org/cprlparents">https://www.militarychild.org/cprlparents</a></td>
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<td>School Transitions</td>
<td>SchoolQuest</td>
<td><a href="https://schoolquest.militarychild.org/about-schoolquest">https://schoolquest.militarychild.org/about-schoolquest</a></td>
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<tr>
<td>Veterans</td>
<td>Veterans Crisis Line: Call 1-800-273-8255 or text 838255</td>
<td><a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a></td>
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<tr>
<td>Families</td>
<td>Psycharmor</td>
<td><a href="https://psycharmor.org/">https://psycharmor.org/</a></td>
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<tr>
<td>Families</td>
<td>National Center for PTSD</td>
<td><a href="https://www.ptsd.va.gov/">https://www.ptsd.va.gov/</a></td>
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**WEBSITES (cont.)**

<table>
<thead>
<tr>
<th>Topic</th>
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<tbody>
<tr>
<td>Families</td>
<td>Wounded Warrior Project</td>
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<td><a href="https://www.woundedwarriorproject.org/programs">https://www.woundedwarriorproject.org/programs</a></td>
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</tbody>
</table>

WWP stands fully ready and committed to providing comprehensive support for post-9/11 veterans, service members, caregivers, and their families, though existing programs and services: connection/peer support group participation; variety of mental health support and programming; physical health programming; financial support, benefits counseling, and employment assistance.

WWP’s Resource Center team is ready to help connect veterans and their family support members with a suite of services, uniquely tailored to this generation’s needs. Our Resource Center is available from 9:00am-9:00pm Monday through Friday at 888.WWP.ALUM (997.2586) or 904.405.1213

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<tr>
<td>Families</td>
<td>Cohen Clinics</td>
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<td><a href="https://www.cohenveteransnetwork.org/">https://www.cohenveteransnetwork.org/</a></td>
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<tr>
<td>Veterans</td>
<td>Vets4Warriors</td>
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<tr>
<td></td>
<td><a href="https://www.vets4warriors.com/connect/">https://www.vets4warriors.com/connect/</a></td>
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**APP**

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<tr>
<th>Topic</th>
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<tbody>
<tr>
<td>Veterans</td>
<td>PTSD Covid Coach App</td>
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<td><a href="https://www(ptsd.va.gov/appvid/docs/30DaysSelfCareCOVIDCoach508.pdf">https://www(ptsd.va.gov/appvid/docs/30DaysSelfCareCOVIDCoach508.pdf</a></td>
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Please reach out for additional assistance to our Military Student Consultants with any questions or concerns at **MSC@MilitaryChild.org** or call (254) 953-1923 ext. 1146.