



HELPING PARENTS & FAMILIES through the Afghanistan Transition

Military-connected parents and families have always been a source of strength, and Afghan families will need your support and strength to welcome them during a challenging time. We believe these curated resources can help you and our military-connected students recognize impacts on social-emotional well-being, motivate healthy conversations, and address questions and concerns together as you welcome new families to your local communities.

WEBINARS

Topic:	SLO	Title:	School Liaison Officers: A Resource for Military Families
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2269380534/event_registration.html?connect-session=na5breezvurowgx7gvow4c3e&sco-id=2253482113&_charset_=utf-8			
Topic:	Emergencies	Title:	Supporting Military Children During Separation: Training, Deployment, Humanitarian Aid & Disaster Relief
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/1835195351/event_login.html?sco-id=1845453908&_charset_=utf-8			
Topic:	PTSD	Title:	PTSD and Its Effects on Military-Connected Children
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2269380534/event_registration.html?sco-id=2339685370&_charset_=utf-8			
Topic:	Resilience	Title:	Psychological Resilience with Dr. Leskin
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/1835195351/event_registration.html?sco-id=2037108823&_charset_=utf-8			
Topic:	Mental Health	Title:	Mental Health Challenges - Resources for Parents & Teens
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2297853397/event_registration.html?sco-id=3138345110&_charset_=utf-8			
Topic:	Mental Health	Title:	Kids & Anxiety with Dr. Flake
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/1835195351/event_registration.html?sco-id=2190683745&_charset_=utf-8			
Topic:	Transition	Title:	Transitions: What Every Parent Needs to Know
https://events-na5.adobeconnect.com/content/connect/c1/968319730/en/events/event/private/1825780098/2269380534/event_registration.html?sco-id=2878077332&_charset_=utf-8			

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WEBINARS (cont.)

Topic:	Confidence	Title:	Raising a Confident Child in an Uncertain World Webinar Recording
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<http://militarychild.adobeconnect.com/webrec1721/event/registration.html>

Topic:	Families	Title:	Creating Strong Families Webinar Recording
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<http://militarychild.adobeconnect.com/strongfamrec/event/registration.html>

Topic:	Families	Title:	Elizabeth Dole Foundation: Afghanistan - How Do We Talk About It?
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<https://hiddenheroes.org/news/lean-on-us/>

WEBSITES

Topic:	DoDEA SLO	Title:	DoDEA- School Liaison Officer
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<https://www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm>

Topic:	MFLC	Title:	Military and Family Life Counseling
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<https://www.militaryonesource.mil/confidential-help/non-medical-counseling/military-and-family-life-counseling/>

Topic:	Family Readiness Support	Title:	Military Family Readiness System
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<https://www.militaryonesource.mil/family-relationships/family-life/keeping-your-family-strong/military-family-readiness-system/>

Topic:	Student Transition	Title:	Student Transition - Parent Resources
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<https://www.militarychild.org/cprlparents>

Topic:	School Transitions	Title:	SchoolQuest
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<https://schoolquest.militarychild.org/about-schoolquest>

Topic:	Veterans	Title:	Veterans Crisis Line: Call 1-800-273-8255 or text 838255
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<https://www.veteranscrisisline.net/>

Topic:	Families	Title:	Psycharmor
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<https://psycharmor.org/>

Topic:	Families	Title:	National Center for PTSD
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<https://www.ptsd.va.gov/>

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WEBSITES (cont.)

Topic:	Families	Title:	Wounded Warrior Project
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<https://www.woundedwarriorproject.org/programs>

WWP stands fully ready and committed to providing comprehensive support for post-9/11 veterans, service members, caregivers, and their families, through existing programs and services: connection/peer support group participation; variety of mental health support and programming; physical health programming; financial support, benefits counseling, and employment assistance.

WWP's Resource Center team is ready to help connect veterans and their family support members with a suite of services, uniquely tailored to this generation's needs. Our Resource Center is available from 9:00am-9:00pm Monday through Friday at 888.WWP.ALUM (997.2586) or 904.405.1213

Topic:	Families	Title:	Cohen Clinics
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<https://www.cohenveteransnetwork.org/>

Topic:	Veterans	Title:	Vets4Warriors
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<https://www.vets4warriors.com/connect/>

APP

Topic:	Veterans	Title:	PTSD Covid Coach App
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<https://www.ptsd.va.gov/appvid/docs/30DaysSelfCareCOVIDCoach508.pdf>

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Please reach out for additional assistance to our Military Student Consultants with any questions or concerns at MSC@MilitaryChild.org or call (254) 953-1923 ext. 1146.