



Excellent Resources for Military-Connected Families

GREGORY LESKIN, PH.D. 

Director, NCTSN Military and Veteran Families
UCLA/Duke University National Center for Child
Traumatic Stress

Military children and youth learn how to thrive and adapt to change. An important part of being in a military family is adjusting to new situations, separations from friends and family, and moves to new locations. Sometimes military children face more difficult, and sometimes even stressful and traumatic experiences, such as the death or injury of a family member, motor vehicle accident, and natural disaster. Just like in the civilian community, military families and children can also experience physical, sexual, and emotional abuse. Military families and children have many options to gain the support of helping professionals and peer specialists to prevent and address the physical and emotional toll of these traumatic stressors.

The National Child Traumatic Stress Network (NCTSN) Military and Veteran Families program proudly partners with the Military Child Education Coalition (MCEC) to offer resources and materials to help professionals and military family members. NCTSN is a national network of highly experienced clinical experts who provide evidence-based treatments to families and children who have experienced child traumatic stress. Serving military and veteran families is a priority for the NCTSN, including providing educational resources to help support military families and children. These materials can be viewed and downloaded from



the NCTSN Military and Veteran Families website. The materials are neatly organized into the following sections:

- Overview of Military Families and Children
- Military and Veteran Culture
- Child Maltreatment and Domestic Violence
- Evidence-based Practices for Military and Veteran Families
- Military Families Across Service Systems
- Grief and Loss Issues
- Providing Services and Programs

The NCTSN website is home to a number of outstanding presentations, including TED talks and panel presentations, developed through a partnership with MCEC. These wonderful presentations serve as an important resource for mental health providers, educators, and policy makers supporting our service members, veterans, and their families.



Web Links

NCTSN Learning Center for Child and Adolescent Trauma:
<http://learn.nctsn.org/military>

NCTSN Resources for Military and Veteran Families:
<http://www.nctsn.org/resources/topics/military-children-and-families>

NCTSN Resources for School Personnel:
<http://www.nctsn.org/resources/audiences/school-personnel>

For questions, please contact militaryfamilies@nctsn.org.