

Social Emotional Learning and the Military Child



Social Emotional Learning and the Military Child – This course guides professionals to understand how social and emotional development programs positively impact academic achievement. Additionally, professionals will learn how to integrate SEL into their practice and explore the CASEL model of interrelated cognitive, affective, and behavioral competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision making.

Learning Outcomes:

- ▶ Identify the characteristics of social-emotional learning.
- ▶ Analyze different programming in social-emotional learning and differentiate between programs that would support military-connected children and youth.
- ▶ Develop a framework for implementation of social-emotional learning in your personal practice.

Course Format

This course includes 6 clock hours of instruction and interactive work time, exclusive of breaks and lunch.

Participants who complete this course are eligible for 6 clock hours of Continuing Education Credits (CEUs).



Participants receive the following resources during training:

- *Social Emotional Learning and the Military Child Participant Workbook (MCEC Publication)*
- *Social and Emotional Learning in Action: Experiential Activities to Positively Impact School Climate by Tara Flippo*
- *Education of the Military Child in the 21st Century Executive Summary (MCEC Research Publication)*
- *Touching the Hearts of Children ANTHOLOGY: The Art of Being a Military Child (MCEC Publication)*
- *Best Friends, Worst Enemies: Understanding the Social Lives of Children by Michael Thompson and Catherine O'Neil Grace*
- *The Geeks Shall Inherit the Earth by Alexandra Robbins*
- *Odd Velvet by Mary E. Whitcomb*
- *Community Support for National Guard and Reserve Families (MCEC Publication)*
- *Preparing Children for Deployment (MCEC Publication)*
- *Life After High School: Being College Ready (MCEC Publication)*

*Resources subject to change

Credit Options: Course participants are eligible for Continuing Education opportunities for completing this twelve clock hour course. To receive Continuing Education Units a participant must maintain 95% attendance, engage in the class activities and discussions, complete an end of course evaluation, and complete an end-of-course assessment with a minimum score of 80%. The Continuing Education Unit fee is \$25.00.

Graduate Credit: Participants may apply for one hour of non-degreed graduate credit issued by Texas A&M University Central Texas. Requirements to receive the credit are 95% attendance, engage in the class activities and discussions, complete an end of course evaluation, and complete an end-of-course assessment with a minimum score of 80%. The graduate credit fee is \$50.00.



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