

## ***We Serve, Too: National Guard and Reserve Children***

**COURSE DESCRIPTION:** This course guides professionals to identify the social, emotional, and academic impact for children of National Guard and Reserve service members, and discover resources to help alleviate their often misunderstood and overlooked challenges. Learn to identify the unique challenges associated with their parent's service and understand the academic impact for these part-military, part-civilian children and youth.

**PREREQUISITES:** None

**COURSE FORMAT:** This is a one-day course designed to enhance the current capabilities, competency and awareness of professionals who serve and support military-connected children and youth. Live training is conducted by two MCEC trainers experienced in youth development, education, counseling, social work and other related fields. The training curriculum is anchored in research and includes application components to maximize the utility of concepts learned.

**COURSE LENGTH:** This course includes 6 clock hours of instruction and group work time, exclusive of breaks and lunch.

### **COURSE AGENDA:**

- Who are National Guard and Reserve Students?
- Compare and Contrast NGR and Active Duty
- Understanding the Deployment Cycle and How it Works
- The Needs of National Guard and Reserve Students
- Understand the Impact of Service
- Resources: What Can We Do?

### **LEARNING OUTCOMES:**

- Identify the social, emotional and academic impact of their parents' service on the children of National Guard and Reserve service members.
- Acknowledge the critical role of educators and other caring professionals in providing support for the unique challenges of National Guard and Reserve children and youth.
- Discover resources that can be used by schools and youth-serving organizations and agencies to help alleviate the social, emotional and academic challenges of National Guard and Reserve children and youth.

### **RESOURCES PROVIDED:**

- *We Serve, Too: National Guard and Reserve Children* Participant Workbook (MCEC Publication)
- *Community Support for National Guard and Reserve Families* (MCEC Publication)

- *When the Warrior Returns: Making the Transition at Home* by Nathan D. Ainspan and Walter E. Penk
- *Preparing Children for Deployment* (MCEC Publication)
- *Kids Serve Too* Wrist Band
- *While You Are Away* GLU Kit (MCEC Publication) - Developed to support children during deployment and honor their service when a family member is deployed. This kit contains activities that help early school-aged children better understand and manage the deployment of a loved one.
  - *While You Are Away*
  - *In My Heart*
  - *How Many Stars in the Sky?*
  - *Growing, Learning, Understanding* (MCEC Publication)