

Social Awareness: Overview

SOCIAL AWARENESS: *The ability to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, & contexts.*

Social Awareness includes the capacity to feel compassion for others, understand broad historical and social norms of behavior in different settings, and recognize family, school, and community resources and supports. Students can navigate relationships better if they can take on other perspectives, appreciate diversity, recognize others' emotions, demonstrate empathy, show respect towards others, and understand how to read common body language and facial expression. The use of roleplay or "walking a mile in someone else's shoes" often helps students to understand differing perspectives and life experiences.

Such as:

- Seek other perspectives
- Identify other people's strengths
- Practice empathy and compassion
- Show concern for others' feelings
- Practice gratitude
- Discover and realize diverse social norms
- Recognize situational demands and opportunities
- Understand the influences of organizations/systems on behavior
























"The power of education extends beyond the development of skills we need for economic success. It can contribute to nation-building and reconciliation." - Nelson Mandela



"When we consciously plan the cognitive, social, & emotional aspects of learning in combination with academic learning, we can have the greatest positive impact on student performance." -Karen Pittman













Social Awareness: Overview

For Parents & Professionals	For Parents of Young Children	For School
 <p>Social Awareness Video by PBS</p>	 <p>Gratitude Frame Workshop by Sesame Street</p>	 <p>Sharing Circle Questions Worksheet by Elias & Tobias</p>
 <p>Annotated ESP Form Worksheet by Elias & Tobias</p>	 <p>Talking About Feelings Workshop by Sesame Street</p>	 <p>Demographics of Military Children Article by Clever and Segal</p>
 <p>Challenge Inventory Worksheet by Elias & Tobias</p>	 <p>The Kindness Study Article by Sesame Street</p>	 <p>Supporting America's Military Children Research Article by Cozza</p>
 <p>ESP Form Worksheet by Elias & Tobias</p>	 <p>We Are All Different; We Are All the Same Article by Sesame Street</p>	 <p>Social Awareness by Students Video by Transforming Education</p>
 <p>Benefits and Challenges of Military Kid Article by MCEC</p>	 <p>Growing Empathy Article by Sesame Street</p>	 <p>Social Awareness Grade & Classroom Ideas Booklet by MN Department of Edu.</p>
 <p>Web of Support Worksheet by MCEC</p>	 <p>When Mean Behavior Becomes Bullying Article by Sesame Street</p>	
 <p>3 Tips for Choosing an Integrated School Article by Harvard</p>	 <p>Preschool Bullying Article by Sesame Street</p>	
 <p>Expressing Gratitude Journal Worksheet by MCEC</p>	 <p>Thankful Hearts Printable by Sesame Street</p>	
	 <p>We're Alike and We're Different Printable by Sesame Street</p>	
	 <p>Come and Play Video by Sesame Street</p>	



Social Awareness: Strategies & Tools

For Parents & Professionals	For Parents of Young Children	For School
	 <u>K is for Kindness</u> <i>Video by Sesame Street</i>	
	 <u>What is Empathy</u> <i>Video by Sesame Street</i>	
	 <u>Learning Empathy</u> <i>Video by Sesame Street</i>	
	 <u>Friends Can Be Different</u> <i>Video by Sesame Street</i>	
	 <u>Building Self-Esteem</u> <i>Video by Sesame Street</i>	
	 <u>Hugging It Out</u> <i>Video by Sesame Street</i>	
	 <u>From My Heart to Yours</u> <i>Printable by Sesame Street</i>	
	 <u>Outside, Inside</u> <i>Interactive book by Sesame Street</i>	
	 <u>My Super Stars</u> <i>Printable by Sesame Street</i>	
	 <u>Naming Feelings</u> <i>Video by Sesame Street</i>	



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